WHO IS ELIGIBLE?
Any boy currently in grades 4-8 who are a member of a Catholic parish and/or its educational system.

WHERE IS THE LOCATION OF THE PROGRAM?
Fox Fire Wrestling located at 6222 Merger Drive, Holland, Ohio (just past Team Sports & Honey Baked Ham) which is located less than one mile from the Monsignor Schmit CYO Athletic Complex.

WHEN IS THE SEASON THIS YEAR?
The season will begin on Monday, November 3rd and conclude on Monday, December 22nd. Practices will be held on Monday, Wednesday and Thursday of each week from 6:00 PM – 7:30 PM. That’s 21 practice sessions!

WHO WILL COACH IN THE CYO WRESTLING PROGRAM THIS YEAR?
CYO certified coaches from Fox Fire Wrestling will coach the practices this season, however anyone who is interested in coaching and is CYO certified will be encouraged to help and will be trained by the Fox Fire staff.

HOW WILL THE PROGRAM BE DESIGNED FOR THIS INAUGURAL YEAR?
- Introduce kids and families to the sport of wrestling in a CYO Christian environment;
- Mentor CYO certified coaches to become CYO wrestling coaches;
- Practice as one CYO based team;
- Match wrestlers of like size, weight and experience at practice sessions;
- Multiple participants at a given “weight class” will result in more practice partners;
- Participants will all wrestle at their “natural” weight;
- Participants will be taught about healthy nutrition and proper hygiene;
- There will be outside wrestling competition opportunities presented however, these will be over and beyond the CYO set up for our inaugural season and will have additional fees.

WHAT ARE THE KEY DATES FOR THIS NEW CYO PROGRAM?
- Sunday, October 12th: Open House at Fox Fire from 2:00 PM – 5:00 PM
- Monday, October 13th: Registration opens up
- Monday, November 3rd: Practice begins @ 6:00 PM (t-shirt, shorts and either wrestling shoes or a clean pair of tennis shoes)
- Thurs., November 27th: Thanksgiving / NO Practice
- Mon., December 22nd: Final practice and fun night

HOW DO I REGISTER MY SON FOR THIS NEW CYO WRESTLING PROGRAM?
To register all participants must submit to following to the CYO office (not to the parish or FireFox) (all found on CYO website www.toledodiocese.org/CYO):
- CYO Player/Parent form (signed by doctor);
- CYO Emergency Medical Form;
- Concussion Awareness Form signed
- $75 check made payable to CYO (Registration may be sent or dropped off in person to CYO, 1933 Spielbusch Avenue, Toledo, Ohio 43604 (419-244-6711, ext. 162)