“Learn to” Programs

We offer a variety of “learn to” programs for ages 4 years to adult. No experience is preferred! All programs are affordable, include skate rental and meet 1-2 days per week. The skating lessons follow the US Figure Skating sponsored program and hockey classes follow the USA Hockey sponsored program. **All classes forming now!!!**

**SNOWPLOW SAM SKATING LESSONS** (Ages 4-6) - designed to help the preschool-aged skater develop preliminary strength & coordination to maneuver on the ice.

**SCHOOL AGE SKATING LESSONS** (Ages 6-17) - teaches basic skills of skating such forward skating, backward skating, stops, edges, crossovers and turns.

**ADULT SKATING LESSONS** - designed for beginner adult skaters. Promotes fitness and improves balance & coordination while teaching proper skating techniques.

**SHOOTING STARS PRE-HOCKEY LESSONS** (Ages 4-8) - designed to teach fundamentals of hockey skating. Learn how to maneuver faster & be more agile on the ice. Minimum of hockey skates and helmet required. (Other hockey equipment optional/no sticks).

**SHOOTING STARS LEARN-2-PLAY HOCKEY** (Ages 4-17) - prepares skaters for game play. Skaters learn to maneuver the ice while in full hockey gear and now with sticks & pucks. Learn-2-Play prepares skaters to enter house/loc league.

**ADULT LEARN-2-PLAY HOCKEY** - designed for beginner adult skaters. Promotes fitness and teaches basics of skating, puck handling and game play.

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**REGISTER ONLINE TODAY AT WWW.TAMOHOCKEY.COM**

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**Sylvania Tam-O-Shanter Sports**

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