St Joseph Cross Country

- The cross-country program is open to all members of the parish in grades K—8th.
- We had over 160 kids last year with 110 families and 25+ volunteer coaches.
- Practices are Mon-Thur @ 6:00 pm Pacesetter Park (not required to attend all).
- Also run on the weekend Sat/Sun which are also optional.
- There are five meets in NW Ohio beginning after Labor Day.
- Race distance for Pee Wee's is 1/2 mile.
- Lots of fun activities during season including candy run, barefoot pizza run, scavenger hunt, various running games, famous silly string battle and season ending banquet and slide show.
- Practice distance ranges from 1—2 miles in total.
- Can try it out for several weeks before signing up. Cost is only $45 + $13 race shirt
- Great way to meet other families if new to the parish. Practices are a community event!